

# FRUIT of the Spirit

## PEACE

### *Prayer for the Fruits of the Spirit*

O Bounteous Spirit, we ask you to bring forth in our lives your fruits: the fruit of love, so we may love you above all things and all others for your sake; the fruit of joy, that we may find our delight in your service; the fruit of peace, that we may be pardoned through your mercy and find our rest in your love; the fruit of long-suffering, so that we may bear with patience all afflictions; the fruit of gentleness, that we may subdue all anger and take calmly and sweetly all trials and provocations; the fruit of meekness, that we may forgive freely all who hurt us and endure with patience all burdens that are laid upon us; the fruit of temperance, that we may restrain all desires and bring them into the subjugation of your holy will. Amen.

**We make the sacrifice of Trust and move to a place of PEACE, when**

- ✚ We choose not to panic . . . but, to rest in God's presence;
- ✚ We release feelings of terror . . . and, trust in God's wisdom and ways;
- ✚ We reject our nervousness . . . and, remember that God is in control;
- ✚ We ignore our feelings of dread . . . and, instead accept God's dealings.

PEACE → through 4 gifts.

#### 1. God, the *Son*

- "Having been justified by faith, we have peace with God through our Lord Jesus Christ" (Romans 5:1)

#### 2. God, the *Father*

- "You will keep in perfect peace those whose minds are steadfast, because they trust in You" (Isaiah 26:3)
- "Lord, you will grant us peace; all we have accomplished is really from you" (Isaiah 26:12)

#### 3. God's *Word*

- Those who love Your law have great peace and nothing causes them to stumble. (Psalm 119:165)

#### 4. God, the *Spirit*

- "Peace I leave with you; my peace I give you. I do not give to you as the world gives. Do not let your hearts be troubled and do not be afraid" (John 16:27)

### ASSIGNMENT

1. Pray first, often and continually. Place worries, fears, doubts and concerns in God's hands.
2. Pause and turn to the Lord when a crisis or catastrophe presents itself. Acknowledge God's presence power, all sufficiency and love.
3. Read the Gospels and study Jesus' life to see the peace He experienced in stressful situations.

**Our peace has nothing to do with the conditions of our life, and everything to do with knowing that God is all sufficient**